

## Preoperative Instructions

### Scheduled Surgery

DATE: \_\_\_\_\_

FACILITY: \_\_\_\_\_

The staff at Knoxville Pediatric Ophthalmology will guide you and your child through the surgical experience.

The facility staff will call you the afternoon before surgery to let you know what time to arrive. The arrival time is 1-2 hours prior to the scheduled surgery time to allow for check in, evaluation by the anesthesia team and changing clothes.

**Location** – Surgery will be done at one of the following facilities:

East Tennessee Children's Hospital:

2018 W Clinch Ave  
Knoxville, TN 37916  
[\(865\) 541-8000](tel:(865)541-8000)

Children's West Surgery Center:

1020 Children's Way  
Knoxville, TN 37922  
[\(865\) 560-0303](tel:(865)560-0303)

Fort Sanders Regional Medical Center

1901 W Clinch Ave  
Knoxville, TN 37916  
[\(865\) 541-1111](tel:(865)541-1111)

Tennessee Valley Eye Center

140 Capital Drive  
Knoxville, TN 37922  
[\(865\) 251-0338](tel:(865)251-0338)

### **The evening prior to surgery:**

To prepare for surgery, the patient should have a bath or shower.

For non-emergent surgery, it is important for the safety of the patient to limit the food and liquids that are consumed before surgery. The fasting or NPO guidelines are as follows.

- Solid food: none after midnight and a minimum of 8 hours before surgery
- Milk or Formula: Allowed for children until 6 hours before surgery
- Breast milk: Allowed until 4 hours before surgery
- Clear Liquids: Allowed until 4 hours before surgery
  - Water, Sprite, apple, juice, Pedialyte and Gatorade ONLY
- Medications: Please check with your physician or the anesthesiologist to determine if the medication should be taken before surgery

**If diet guidelines are not followed, surgery may be cancelled.**

### **Surgery day:**

Once you are at the hospital/surgery center, a surgical consent will need to be signed, before any medications can be given. Minors must have a legal guardian sign a permit before any surgery can be performed. Parents of young children are to remain at the hospital or surgery center until the patient is ready to go home. Adult patients must have a driver who will be able to sign them out at the time of discharge. Adult patients having surgery at Tennessee Valley Eye Center must have an adult present from the time of check in to the time of discharge.