

Probing and Irrigation of Nasolacrimal System Postoperative Instructions

Day of Surgery:

Begin with clear liquids and advance to regular diet with bland foods
Quiet activity
If stents were placed avoid rubbing and use shield if necessary

What to expect:

The eyes may tear or have blood-tinged drainage
There may be bleeding from the nose

Caring for the eyes:

Use medications as directed
Drops should be used 3 times daily for 3 weeks
Wash your hands prior to instilling eye drops
Use Tylenol as needed for pain

Restrictions:

Avoid eye rubbing if stents were placed

Call if any of the following occur:

Excessive bleeding
Persistent vomiting
Fever (over 101)
Increasing or thick drainage

Followup:

Please schedule 2 month post op appointment

The physician on call can be reached 24 hrs/day at (865)521-7998 (press 0 when prompted)