

## Information About Anesthesia

### **What is anesthesia?**

Anesthesia is a type of medicine that helps a patient go to sleep. The medicine should keep the patient asleep until the surgery is over.

### **Who administers the anesthesia?**

The anesthesia team is made up of specially trained physicians (anesthesiologists) and nurses (nurse anesthetists or CRNAs). The anesthesiologists at East Tennessee Children's Hospital and the Children's West Surgery Center have undergone additional training to specialize in pediatric anesthesia.

The anesthesia team will need to know about:

- Allergies
- Problems with asthma
- Past surgeries or hospital stays
- Recent sickness
- Medications
- Any problems the patient or anyone else in the family has had with anesthesia

### **What type of anesthesia will be given?**

Adults undergoing eye muscle surgery will have general anesthesia. Children will have general anesthesia for nearly all procedures. General anesthesia is required so that the patient will remain still during these delicate eye surgeries.